

Individual psychological counseling for international graduate students

Chonnam National University Graduate School conducts Individual psychological counseling for international graduate students to adapt to school life. If you are in a psychological difficulty that is hard to solve alone during your abroad life, you can share your problems with psychological counselors on a 1:1 basis and improve your self-understanding and adapt to daily life.

All the information shared by students during a consultation is confidential within legal and ethical limits. Exceptional circumstances may arise which give the counselor grounds for believing that serious harm may occur to the client or to other people.

Individual Psychological counseling Area

- Self-understanding
- Personal relationships(department life, partner, family, etc.)
- Emotional issues(depression, anxiety, insomnia, etc.)
- Career(career path or future career concerns)
- Study stress and Adaptation

Procedure

Intake interview(Face-to-face) &
Psychological Tests(Available language: English, Chinese, Vietnamese)



Assign counselor
(English or Korean)



Individual psychological counseling online or face-to-face
(50-minutes per week, up to 10 sessions)

Application

Login to the Graduate school website homepage → Support for student growth
(학생성장지원) → GradGrow (비교과)

Program period

Application period '22. October 28(Fri) ~ November 11(Fri)

Counseling period '22. November 21(Mon) ~ '23. February 17(Fri)

Notes

- You can participate in up to 10 sessions.
- During online Individual Psychological counseling be sure to access meeting in an independent space with no people around

For inquiries

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